

# Continuing Education Courses for Social Workers, Counselors and Marriage Family Therapists

Toll Free  
(800) 253-0088

California Board of Behavioral Sciences recognizes Homestead Schools, Inc. approvals by ASWB, NBCC and APA. Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider Number BAP613, Expiring on 3/31/2019. Note: Mandatory courses: Domestic Violence (#7010); Medical Errors (#7011). Our home study courses in clinical supervision will not qualify you to become a supervisor; they're strictly for continuing education. Florida requires 16 clock hours of didactic and interactional instruction in supervisory training. Ohio Counselor and Social Worker Board Provider No. RCX120005 and RSX120007. Valid through 5/2019. (In Ohio, 15 hours through home study.) Illinois Social Worker Continuing Education Sponsor. License No. 159-000824. Expires: 11/30/2019. Pennsylvania State Board of Social Workers, Marriage & Family Therapists & Professional Counselors now accepts all of our courses for continuing education. Pennsylvania recognizes our approvals from ASWB, NASW, NBCC, and APA for this purpose. Homestead Schools, Inc., provider #1070, Approval Period 04/02/2017 - 04/02/2020, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org. Social workers should contact their regulatory board to determine course approval. Approved Continuing Education (ACE) program. Exp. 4/2/2020. Homestead Schools, Inc. maintains responsibility for the program. Many of our courses are approved by the National Association of Social Workers (NASW Provider No. 886385554). Social workers will receive stated continuing education clock hours in participating in these courses. Homestead Schools, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Homestead Schools, Inc. maintains responsibility for this program and its content. Participants are responsible to make sure that these courses meet their state's CE requirements and are appropriate for their individual learning needs. Homestead Schools, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6117, Expiration date: 4/30/2020. Programs that do not qualify for NBCC credit are clearly identified. Homestead Schools, Inc. is solely responsible for all aspects of the program. Homestead Schools, Inc. is approved by the National Association of Alcohol and Drug Abuse Counselors (NAADAC) to offer continuing education for substance abuse counselors. Provider No. 505 and expires on 9/1/2018. Homestead Schools, Inc. is approved as a continuing education provider by the California Association of Alcoholism and Drug Abuse Counselors (CAADAC). Provider No. 25-07-238-0213.

Reach us online:  
HomesteadSchools.com

## ETHICAL DILEMMAS IN PSYCHOTHERAPY

by Samuel J. Knapp, EdD, Michael C. Gottlieb, PhD, ABPP, #7317  
Mitchell M. Handelsman, PhD (202 p.) Reg. Price \$79.95  
**8 Contact Hours** NBCC approved **Now \$69.95**

Mental health workers often find themselves in an ethical quandary where there doesn't seem to be an easy solution. This book presents positive ethics with numerous vignettes as a means to overcome such ethical challenges. The positive approach focuses on not just avoiding negative consequences, but reaching the best possible outcomes for both the therapist and the client.

## PSYCHIATRIC AND MENTAL HEALTH CARE (378 p.) # 7201

by Linda Carman Copel, RN, MSN, PhD Reg. Price \$79.95  
**8 Contact Hours** NBCC approved **Now \$65.95**

• Treatment modalities and therapeutic communication • Disorders first evident in infancy, childhood, and adolescence • Delirium, dementia and amnesic disorders • Substance-related disorders, schizophrenia • Mood anxiety, somatoform, dissociative, eating, adjustment and personality disorders • Includes all the new DSM-IV classifications

## SUICIDAL BEHAVIOR # 7142

Reg. Price \$79.95  
**8 Contact Hours** (96 p.) **Save \$8!** NBCC approved **Now \$71.95**

## SEX MATTERS FOR WOMEN # 7070

Reg. Price \$79.95  
by Sallie Foley, MSW; Sally A. Kope, MSW; Dennis P. Sugrue, PhD (376 p.) **Now \$68.95**

**10 Contact Hours** NBCC approved

• Adult sexuality • Sexual response • Reproduction and beyond • Body image • Illness and disability • STDs • Creating a better sexual relationship • Overcoming sexual difficulties—low sexual desire, low sexual arousal, orgasm difficulties • Sex therapy

## DOMESTIC VIOLENCE #7233

**10 Contact Hours** NBCC approved (314 p.) **Save \$10!** **Now \$69.95** **New!**

• Prevalence • Breaking the silence on domestic violence • Domestic violence myths • Behavioral characteristics of abusers • Domestic violence in gay/lesbian relationship • Screening for domestic violence: identifying, assisting and empowering adult victims of abuse • Healthcare provider's guide to domestic violence: RADAR • Case management procedures • Documentation • Legal perspective • Creating a safety plan • Community response

## CULTURAL COMPETENCE # 7701

Reg. Price \$79.95  
**7 Contact Hours** NBCC approved **Now \$67.95** **New!**

• Culturally competent system of care • Developing cultural competence • Four underserved/underrepresented racial/ethnic groups - Hispanics, African Americans, Asians, American Indians • Cultural competence in serving children, adolescents, and older Americans

## CHEMICAL DEPENDENCY # 7228

by Vijay Fadia (272 p.) **Not approved for NBCC** Reg. Price \$79.95  
**7 Contact Hours** **Now \$63.95** **New!**

• Facts about drugs and alcohol • Domestic violence, crime, sex • Signs and symptoms • Impact on the workplace • Alcohol and CHD, liver, cancer, AIDS, sleep, aging, stress • Emotional and behavioral problems Diagnostic criteria for abuse and dependence • Fetal alcohol syndrome • Alcohol withdrawal syndrome • Neurobiology of drug addiction • Principles of drug addiction treatment • Individual drug counseling • Relationship counseling • Cognitive-behavioral therapy • Drug avoidance skills

## HEALTHY IMMUNE SYSTEM #7060

Reg. Price \$79.95  
by Vijay Fadia (427 p.) **Not approved for NBCC or Ohio** **Save \$11!** **Now \$68.95**

• Understanding the immune system • Anatomy of the immune system • Cells and secretions of the immune system • Mounting an immune response • Self and nonself • Immunity - natural and acquired • Privileged immunity • Immunity and cancer • Immune system and nervous system • Disorders of the immune system • Autoimmune diseases • Primary immune deficiency • Chronic fatigue and immune dysfunction syndrome • Defenders of our immune system • Role of exercise, stress, pregnancy, depression, nutrition, viral infections, laughter, sleep, alcohol, cholesterol and triglycerides, pollution • Foods that harm and foods that heal • Plant sterols and sterolins • 5 steps to optimal immunity • Eating too much depresses immunity • Killer sugar • Fabulous fiber • Reprogramming the immune system • Bacteria that strengthen the immune system • Whole body protection • 3 amino acids that can strengthen the immune system • Acupressure points for strengthening the immune system • Beta Glucan activates the immune system • Help for people with severely weakened systems

## Case Studies

## CHILD AND ADOLESCENT PSYCHOPATHOLOGY

by Robin K. Morgan (122 p.) # 7305 **Save \$10!** Reg. Price \$79.95  
**12 Contact Hours** NBCC approved **Now \$69.95**

Cases: • Mild Mental Retardation • Autistic Disorder • Attention Deficit Hyperactivity Disorder • Oppositional Defiant Disorder • Conduct Disorder • Encopresis, Secondary Type • Social Phobia • Selective Mutism • Alcohol Dependence, with Physical Dependence • Paranoid Schizophrenia • Major Depressive Disorder • Gender Identity Disorder in Children • Bulimia Nervosa, Purging Type • Psychological Factors Affecting Medical Condition • Anorexia Nervosa, Restricting Type • Sleep Terror Disorder; Sleepwalking Disorder • Physical Abuse of Child

## ETHICS IN PLAIN ENGLISH #7814

by Thomas F. Nagy, Ph.D. (349 p.) Reg. Price \$79.95  
**8 Contact Hours** NBCC approved **Now \$73.95**

This course provides practical interpretation to the code of ethics followed by case vignettes highlighting ethical, legal, and clinical dilemmas.

## LEGAL AND ETHICAL DILEMMAS # 7900

**6 Contact Hours** (156 p.) NBCC approved **Save \$11!** **\$58.95**

Advanced medical directives; DNR; right to die; living will; durable power of attorney; right to refuse treatment; patient's right to privacy; informed consent.

**SUBSTANCE ABUSE #7220** Reg. Price \$79.95  
by Fran Rooney, RN, BS (236 p.) **Not approved** Now **\$51.95**  
**6 Contact Hours** for NBCC

• Understanding addiction; addictive personality • Biological, cultural and social factors • Behavioral factors of substance abuse • Medical complications • Dynamics of the family • Intervention; nurse's role in counseling • Treatment, recovery and support systems

**ANXIETY AND DEPRESSION #7205** Sale Price  
**12 Contact Hours** (175 p.) **NBCC approved** **\$67.95**

Detection, diagnosis and treatment of major depression; symptoms of a panic attack; causes and treatment; overview of mood disorders; symptoms of depression and mania; types of depressive illness; depression co-occurring with other psychiatric and medical disorders; depression associated with medications; depression in women, adolescents and elderly; special situations: suicidal patient, geriatric depression, seasonal depression; costs, benefits and harms of treatment; acute phase treatment with medication and psychotherapy.

**WOMEN'S HEALTH #7510** Reg. Price \$79.95  
**12 Contact Hours** (274 p.) **Save \$12!** **Not approved** **\$67.95**  
**Very Popular!** for NBCC

Breast cancer; women and AIDS; preventing TSS; yeast infections; nutrition; eating disorders; infertility; contraceptives; pregnancy; medication and labor; uterine fibroids; silicone breast implants; cosmetic ingredients and safety; hair dyes; ovarian cancer; menopause; HRT; osteoporosis; heart disease – risk factors and prevention.

**MANAGING PAIN BEFORE IT MANAGES YOU**  
**7 Contact Hours** (222 p.) **# 7490** **Save \$15!** Reg. Price \$79.95  
**Not approved for NBCC** **\$64.95**

Through hands-on exercises and homework assignments, this bestseller by one of the leading international authorities on pain management helps readers understand the pain process, learn about medications and their effects, and recognize factors that exacerbate or relieve pain. The book features updated coverage of commonly used pain medications and specific pain disorders, current nutritional recommendations, and a new appendix on complementary alternative medicine.

**PANIC DISORDER #7370** Reg. Price \$79.95  
**8 Contact Hours** **NBCC approved** **Now \$63.95**

Could you have panic disorder? Signs and symptoms and diagnosis of panic disorder; effective treatment; cognitive-behavioral therapy; pharmacological approach.

**HOW YOU CAN HELP YOUR PATIENTS STOP SMOKING #7515** **Very Popular!**  
Reg. Price \$79.95  
**5 Contact Hours** (146 p.) **NBCC approved** **\$49.95**

Based on the research, clinical studies and recommendations of Food and Drug Administration and National Institutes of Health.

**BECOMING AN EFFECTIVE SUPERVISOR**  
By Jane M. Campbell, PhD **#7622** Reg. Price \$79.95  
**8 Contact Hours** (299 p.) **NBCC approved** **Now \$68.95**

A must-have resource for mental health practitioners whose work responsibilities include clinical supervision. A practical hands-on workbook.

**TREATMENT FOR CHRONIC DEPRESSION**  
**Cognitive Behavioral Analysis System of Psychotherapy (CBASP)**  
by James P. McCullough, Jr. Ph.D. **# 7105**  
**10 Contact Hours** (326 p.) **NBCC approved** **\$69.95**

• CBASP and the psychopathology of the chronically depressed patient • Course patterns, comorbidity, and psychological characteristics • Strategies to enhance motivation for change • Elicitation and remediation phase of situational analysis • Using the therapist-patient relationship to modify behavior • Resolving common patient problems and crises

**TRANSCULTURAL COMPETENCE #7707**  
by Jerry Glover, PhD, Harris L. Friedman, PhD, ABPP **New!**  
**7 Contact Hours** (164 p.) **NBCC approved** **\$67.95**

**COGNITIVE BEHAVIORAL THERAPY FOR GENERAL ANXIETY DISORDER #7354**  
**8 Contact Hours** (247 p.) **NBCC approved** **\$68.95**

**SOCIAL WORKER'S GUIDE TO PUBLIC BENEFITS PROGRAMS #7841** **Save \$14!**  
**8 Contact Hours** (375 p.) **Special Price** **Now \$65.95**

• Social welfare policy • Social Security Act • Old-age, disability and dependents and survivors benefits • Supplemental Security Income • Medicaid • Temporary assistance to needy families • Major federal food programs • Referrals • Ethical considerations

**CONFLICT RESOLUTION SKILLS #7625** Reg. Price \$69.95  
by Kathy Falkenhagen, RN, BSN, MS (141 p.) **Now \$58.95**  
**6 Contact Hours**

• Dimensions of conflict • Difficult people that cause conflict • Manager as a conflict negotiator • Nine-step model to manage conflict • Five styles of conflict resolution • Strategy to defuse conflict • Criticism • Assertiveness skills

**ETHICAL, LEGAL, AND PROFESSIONAL ISSUES IN THE PRACTICE OF MARRIAGE AND FAMILY THERAPY**  
by Charles H. Huber (354 p.) **# 7315**

**12 Contact Hours** **NBCC approved** **Now \$79.95**

Ethical issues: ethical decision making, diversity, nondiscrimination, client welfare, confidentiality, informed consent, multiple clients, intimate partner violence, managed mental health care, dual relationships. Legal issues: duty to protect, child abuse and neglect, professional liability, family law. Professional issues: AAMFT, state licensure.

**WOMEN'S SEXUALITY #7068** **Now \$65.95**  
by Judith C. Daniluk, Ph.D. **NBCC approved**  
**10 Contact Hours** (416 p.)

• The enigma of women's sexuality • Childhood and adolescence: biological and psychological development • Sexual intimacies and expression • Young adulthood • Intimate partners: myths and miscommunications • The middle and later years • Menopause, bodily changes, and body image

**REBUILDING when your relationship ends #7375** **Save \$15!**  
by Dr. Bruce Fisher, Dr. Robert Alberti **NBCC approved** **\$64.95**  
**10 Contact Hours**

A virtual "bible" of support and reassurance for those who're facing the difficult process of recovery after ending a love relationship.

**HIPAA #7540** Reg. Price \$79.95  
**7 Contact Hours** (294 p.) **New! \$63.95**

A comprehensive guide to the administrative simplification provisions for health-care professionals. A must for everyone!

**Taking Charge of ADHD #7380** **Save \$16!** **\$63.95**  
by Russell A. Barkley, PhD. **NBCC approved**  
**7 Contact Hours** (321 p.)

• The complete authoritative guide for parents, teachers, psychologists, doctors • A step-by-step plan for behavior management • New strategies that give children greater chances of success at school and in social situations • Practical advice for parents on managing stress and keeping peace in the family.

*A Practitioner's Guide*  
**INTERVIEWING CLIENTS ACROSS CULTURES**  
by Lisa Aronson Fontes, PhD **# 7704** Regular Price \$79.95  
**10 Contact Hours** (334 p.) **NBCC approved** **Special Price \$69.95**

• Cultural competence • Biases and boundary issues • Building rapport and conveying respect • Nonverbal communication • Language competence • Interpreted interview • Interviewing culturally diverse children and adolescents • Authority and trust issues • Common dilemmas and misunderstandings in cross-cultural interviews.

## SLEEPING DISORDERS #7090

Reg. Price \$69.95

8 Contact Hours (382 p.) NBCC approved

Now **\$59.95**

• Brain basics: Understanding sleep • Insomnia: Assessment and management in primary care • Integration of behavioral and relaxation approaches into the treatment of chronic pain and insomnia • Problem sleepiness • Narcolepsy • Restless legs syndrome • Sleep apnea • Sleep disorders of older people

Save \$10

## GERIATRIC DEPRESSION: A clinical guide #7209

by Gary J. Kennedy (234 p.)

NBCC

8 Contact Hours

Save \$10!

approved **\$69.95**

Written for a broad range of mental health professionals, this book explains why depression can be challenging to treat in older adults and describes the most effective interventions.

## RECONCILABLE DIFFERENCES #7072

by Andrew Christensen, PhD, Neil S. Jacobson, PhD

8 Contact Hours (332 p.)

NBCC approved

Reg. Price \$79.95

Now **\$67.95**

Save \$12!

Why you and your partner always have the same fights - and how you can:  
• Defuse your arguments before they blow out of control • Accept the ways you are different-without putting up with unfair behavior • Respect one another's emotional needs • Identify what can and can't be changed in each of you • Create greater intimacy in your relationship.

## TEAM BUILDING #7640

by Kathy Falkenhagen, RN, BSN, MS

8 Contact Hours (104 p.)

NBCC approved

Reg. Price \$69.95

Now **\$56.95**

Save \$13!

• Need for teams • Group vs team • Resistance to team building • Ground rules for teams • Five key components of self-managed teams • Teams as a total quality management tool • Characteristics of effective and ineffective teams • Strategies to resolve team conflict • Team roles and responsibilities • Team decision making • Building team spirit • Difficult team members • Manager's role in successful team building

## ASSERTIVENESS #7525

Not approved for NBCC

**\$59.95**

6 Contact Hours (256 p.)

Save \$14

Based on *Your Perfect Right: Assertiveness and Equality in Your Life and Relationships* by Robert E. Alberti, Ph.D. and Michael L. Emmons, Ph.D. (256 p.) Helps readers step-by-step to develop more effective self-expression. Book most recommended by psychologists.

## INSOMNIA, SLEEP APNEA, NARCOLEPSY #7100

6 Contact Hours (182 p.)

NBCC approved

**\$58.95**

• Test your sleep I.Q. • How much sleep do we need • Brain basics: Understanding sleep • Sleep Disorders • Insomnia: Assessment and management in primary care • Problem sleepiness • Consequences of problem sleepiness for adolescents and young adults • Narcolepsy • Restless legs syndrome • Sleep apnea • Natural treatments for insomnia • How do I cure insomnia • Women and sleep

## CHILD ABUSE #7300

by Fran Rooney RN, BS

6 Contact Hours

NBCC approved

Reg. Price \$59.95

Now **\$49.95**

Save \$10!

After completing this course, you'll be able to answer the basic questions about child maltreatment, recognize child abuse and provide effective intervention. You'll be able to provide psychological and medical support to the maltreated child and protect yourself against legal liability. The book features a checklist of telltale signs of child abuse.

## MOTIVATIONAL INTERVIEWING IN #7361

**NUTRITION AND FITNESS** (276 p.)

by Dawn Clifford and Laura Curtis

7 Contact Hours

NBCC approved

Save \$12!

**\$67.95**

Making and maintaining lasting changes in nutrition and fitness is not easy for anyone. Yet the communication style of a health professional can make a huge difference. This book presents the proven counseling approach known as motivational interviewing (MI) and shows exactly how to use it in day-to-day interactions with clients.

Call Toll Free (800) 253-0088  
HomesteadSchools.com

*Increasing your stress resistance*

## STRESS MANAGEMENT #7050

by Barbara A. Brehm (375 p.)

Not Approved in Ohio

10 Contact Hours

NBCC approved

Save \$11!

**\$68.95**

• Health behavior and environmental influences • The fight-or-flight response • Nutrition health and stress • Coping strategies and problem solving • Time management: changing values, making decisions, and setting values • Organization and confronting procrastination • Communication skills • Physical activity and stress resistance • The pleasure principle • Changing your perception of stress • Self-esteem • Relaxation techniques • Meditation and visualization

## THE ETHICS OF PROFESSIONAL PRACTICE

by Richard D. Parsons #7318

8 Contact Hours

NBCC approved

Save \$5!

Reg. Price \$79.95

Now **\$74.95**

Mental health professionals must be sensitive to ethical standards and dilemmas, particularly given the increase in litigation surrounding ethical issues. This course leads the reader through a personal journey of discovery, assessment, and clarification of values and ethics, thus becoming an ethical practitioner. The text reflects the ethical codes of the NASW, AAMFT, ACA and APA.

## CLINICAL SUPERVISION #7630

8 Contact Hours (253p.)

NBCC approved

**\$67.95**

• Role and function of clinical supervisors • Nine clinical supervision skills • Personal supervision model • Managing conflict and resolving disputes • Strategies for managing meetings • The three-corner contract in clinical supervision • Group supervision • Clinical teaching • Dealing with difficulties in supervision • Confronting and eliminating discrimination and harassment

## WEIGHT MANAGEMENT #7045

Reg. Price \$79.95

8 Contact Hours (248 p.)

Not approved for NBCC

Now **\$59.95**

• Identify psychological and physiological reasons for obesity.  
• Discuss reasonable and physically attainable goals for the patient.  
• Design a weight management plan tailored to the needs of the patient.  
• Discuss role of behavior modification, diet, nutrition, exercise, smoking, and lifestyle factors.  
• Discuss motivational techniques, positive imaging, family and peer support, and long-term maintenance.

Save \$20

## WOMEN, ALCOHOL & DRUG ABUSE #7505

6 Contact Hours (175 p.)

NBCC approved

Save \$11!

Reg. Price \$69.95

Now **\$58.95**

• Epidemiology of substance abuse among women • Health impact on women • Physiological and psychological effects of STD • Substance abuse in specific women populations • Outreach; community and support groups • Treatment methods and modalities • Intake, orientation and assessment processes • Continuing care and followup

## CODEPENDENCY #7330

4 Contact Hours (60 p.)

NBCC approved

**\$57.95**

Save \$12!

• General mental health issues • Dysfunctional family  
• Characteristics and signs of codependence • Addictive and codependence relationships • Addicted to the addicted • Detachment: How did we get here? How do we get out? • Battered women with chemically involved partners • The codependency idea: When caring becomes a disease

## INCLUSIVE CLINICAL SUPERVISION:

**THEORIES, SKILLS, AND PRACTICES #7695**

by John S. Lybarger, PhD., MBA

Reg. Price \$79.95

10 Contact Hours

NBCC approved

Now **\$67.95**

• Seven critical skills • Clear communication skills for supervisors • Leadership styles • Creating a positive, motivating workplace culture • Managing a global workforce • Diversity awareness • Performance skills management • Recruiting and retaining competent workers • Effectively managing conflict • Effectively managing teams

*The Duty to Protect:*

## ETHICAL, LEGAL, AND PROFESSIONAL ISSUES

**FOR MENTAL HEALTH PROFESSIONALS #7322**

10 Contact Hours

NBCC approved

**\$76.95**

by James L. Werth, Jr. PhD, Elizabeth R. Welfel, PhD.,

G. Andrew H. Benjamin, JD, PhD (282 p.)

Case Studies

**CHILD AND ADOLESCENT COUNSELING #7335**

by Larry B. Golden (176 p.) Reg. Price \$79.95  
**8 Contact Hours** NBCC approved **Now \$70.95**

• A Case of Mistaken Anxiety • He Can, But He Won't • Weathering an Adolescent Storm • Where Do I Fit? • The Boy Who Trashed His Final • Billy, the Teddy Bear Boy • Will He Choose Life? • The Girl with Painful Steps • Scars of Violence • Oh No-Not Again! • Too Afraid to Talk • Wrapped in Layers of Burgundy Wool • War and Peace

**DRUG ADDICTION COUNSELING #7261**

**10 Contact Hours** (330 p.) Reg. Price \$69.95  
NBCC approved **Now \$65.95**

• Principles of drug addiction treatment • Individual drug counseling approach • Treatment philosophy • Counseling techniques • Contributions of the 12-step approach • Cognitive-behavioral approach • CBT compared to other treatments • Basic principles of CBT • Structure and format of sessions • Community reinforcement approach • CRA + vouchers • Functional analysis • Coping with craving • Refusal skills/assertiveness • Drug avoidance skills • Relapse • Lifestyle change components • Relationship counseling • Role of the addiction counselor • Counselor characteristics and training

**FAMILY VIOLENCE # 7230**

**10 Contact Hours** (314 p.) NBCC approved **Now \$67.95**

• Characteristics of family violence • Physical and sexual child abuse and neglect • Professionals and their response to child abuse • Spousal abuse • The criminal justice response to spousal abuse • Elder abuse • Gay and lesbian abuse • Special populations and family violence • Women and sexual violence • Stalking • The consequences of family violence • Victim's rights

**MOTIVATING SUBSTANCE ABUSERS # 7267**

**TO ENTER TREATMENT** (289 p.) **Save \$10!**  
by Jane E. Smith, PhD; Robert J. Meyers, PhD

**6 Contact Hours** NEW! NBCC approved **Now \$69.95**

What can you do for someone who refuses to get help? Quite a lot. Authors describe the CRAFT method that's highly effective not only in reducing family members' distress, but also in getting their loved one into treatment.

**OVERCOMING BINGE EATING #7240**

by Dr. Christopher Fairburn NBCC approved **Save \$23!**  
**8 Contact Hours** (241 p.) **Now \$56.95**

Find out who binges and why, if binge eating is an addiction, how binge eating differs from overeating. Overcome the urge to binge. Gain control over eating behavior. Reduce the risk of relapse. Establish stable, healthy eating habits.

**SHORT-TERM COUPLE THERAPY #7325** **Save \$12!**

by James M. Donovan, Ph.D. NBCC approved Reg. Price \$79.95  
**10 Contact Hours** (217 p.) **Now \$67.95**

• Principles of brief treatment • Emotionally focused couple therapy • A control mastery approach • Short-term structural family therapy • Psychoanalytically informed short-term couple therapy • Time-effective couple therapy • Collaborative couple therapy • Integrative couple therapy

**ETHICAL DECISION MAKING IN SOCIAL WORK**

by Wade L. Robison, B.A. Ph.D. #7810 **Save \$12!** Reg. Price \$79.95  
Linda Reeser, B.A., M.S.W., Ph.D. **Now \$67.95**

**8 Contact Hours** NBCC approved  
Ethics in social work • Tracking harms • Appealing to the Code of Ethics • Ethical theories • Clients • Intervention and self-determination • Dual relationships • Conflicts of interest • Peer relations • Agencies • Internal and external ethical problems • Conflicts between agencies • Agencies in competition

**ETHICS IN SOCIAL WORK #7812**

**3 Contact Hours** **\$56.95**  
Abbreviated version of the above course.

**ANGER MANAGEMENT #7535**

by Howard Kassinove, Ph.D. Reg. Price \$79.95  
**8 Contact Hours** (318 p.) NBCC approved **\$60.95**

Whether you work in private practice, clinic, hospital or criminal justice system, if you see angry clients, this indispensable resource for practitioners will give you powerful tools to help them understand, manage, and prevent unhealthy anger. Complete with dozens of case examples, exercises, and easy-to-use informative client handouts.

**BIPOLAR DISORDER # 7249**

by Janelle M. Caponigro, MA, Sheri L. Johnson, PhD, et al.  
**5 Contact Hours** (176 p.) NBCC approved **\$69.95**

For a mental health professional, this book will help provide answers to their clients about managing manic episodes, coping with periods of depression, or finding the right treatments.

**HANDBOOK OF #7211**  
**PSYCHIATRIC EMERGENCIES** (294 p.) **Save \$11!**

by William R. Dubin, MD, Kenneth J. Weiss, MD Reg. Price \$79.95  
**8 Contact Hours** NBCC approved **Now \$68.95**

This handy, fast-access guide can be used by a helath professional in any clinical setting. Evaluate a psychiatric problem with accuracy and speed, stabilize the patient, provide interpersonal or educational interventions and monitor drug treatments. Alcohol and drug-abuse emergencies, schizophrenia and mania, violent patient, self-destructive patient, depression, domestic abuse, child and adolescent emergencies, psychotropic drug reactions, etc.

**DEMENTIA # 7248**

by Susan M. McCurry, Phd and Claudia Drossel, PhD Reg. Price \$79.95  
**8 Contact Hours** (204 p.) NBCC approved **Now \$69.95**

Dementia is a life-altering diagnosis for patients and loved-ones alike. The progressive disease causes cognitive, emotional, and behavioral changes that can frustrate the efforts of even the most dedicated caregivers and treatment can be a supremely challenging experience, even for seasoned healthcare professionals, such as nurses, social workers, psychologists, and physicians. The authors have presented evidence-based contextual model of dementia care that lays out broad intervention strategies, and encourages readers to use their own creativity and inner resources to develop appropriate solutions for each unique situation and individual.

**MEDICAL ERRORS #7011** **\$22.00**

**2 Contact Hours** **# 7011** Florida Mandatory

**DOMESTIC VIOLENCE #7010** **\$12.00**

**2 Contact Hour** **# 7010** Florida Mandatory

**Homestead Guarantees**

1. If you are not satisfied with the quality of our course material, you can return the course (before a certificate is issued) within 90 days and receive a prompt and full refund (less shipping and handling). All courses must be completed within 12 months from the date of purchase. 2. In a hurry for your course? 2-day UPS, add \$15.00 extra; next day UPS, add \$25.00 extra. 3. On true/false and multiple choice exams, you need to score 70% for successful completion. Do not send the certificate to the board unless the board requests it. Keep the certificate for 4 years. 4. The completion date on your certificate is the date we receive your exam. Allow 5 working days for the mailing. To help you meet your deadline for the certificate, we offer 24-hour Express Service and Fax Service. Details included in your course material. 5. Homestead Schools, Inc. ensures that its facilities accommodate and are accessible according to the standards of the Americans with Disabilities Act.

**HOMESTEAD SCHOOLS, INC.**

23800 Hawthorne Blvd., Suite 200, Torrance, CA 90505

SWM-43 6/18

Now you can reach us on the Internet: [HomesteadSchools.com](http://HomesteadSchools.com)

(800) 253-0088

Fax (310) 791-0135

## THE THERAPIST'S GUIDE TO PSYCHOPHARMACOLOGY #7110

by JoEllen Patterson, PhD; A. Ari Albala, MD;  
Margaret E. McCahill, MD; Todd M. Edwards, PhD  
8 Contact Hours NBCC approved (310 p.)  
Reg. Price \$79.95  
Now **\$69.95**

Save \$10!

This indispensable book provides therapists and counselors with crucial knowledge about psychotropic medications: when and how to make medication referrals, ways to help patients handle questions and problems that arise, and the ins and outs of combining medication and psychotherapy effectively. The book explains how medications work in the brain and discusses their impact on emotions, behavior, and relationships. Particular attention is given to strategies for collaborating successfully with prescribers.

## TREATING ALCOHOL AND DRUG PROBLEMS

by Arnold M. Washton, PhD  
Joan E. Zweben, PhD (312 p.)  
8 Contact Hours NBCC approved  
Reg. Price \$79.95  
Now **\$67.95**

Highly recommended!

• Nature, course, and diagnosis of substance use disorders • Pharmacology of psychoactive substances • Integrated approach • Addressing concurrent psychiatric and substance use disorders • The role of medications • Clinical strategies and techniques • Preventing relapse • Group therapy

## TREATING BIPOLAR DISORDER #7250

*A Clinician's Guide to Interpersonal and Social Rhythm Therapy*  
by Ellen Frank, PhD (212 p.)  
10 Contact Hours NBCC approved  
Reg. Price \$79.95  
Now **\$73.95**

This innovative manual presents a powerful approach for helping people manage bipolar illness and protect against the recurrence of manic or depressive episodes. Interpersonal and social rhythm therapy focuses on stabilizing moods by improving medication adherence, building coping skills and relationship satisfaction, and shoring up the regularity of daily rhythms or routines. Each phase of this flexible, evidence-based treatment is vividly detailed, from screening, assessment, and case conceptualization through acute therapy, maintenance treatment, and periodic booster sessions.

## MIND-BODY WORKBOOK FOR ANXIETY #7203

*Effective Tools for Overcoming Panic, Fear and Worry*  
by Stanley H. Block, MD, et al. (200p.)  
6 Contact Hours NBCC approved  
Reg. Price \$79.95  
Now **\$64.95**

Clients with anxiety may find it difficult to navigate the challenges of everyday life—especially if they suffer from panic attacks, phobias, or social anxiety. Mind-body bridging is a proven-effective approach that shows clients how to regulate the thoughts and emotions that can trigger anxiety.

## CLINICAL SUPERVISION #7635

by Robert I. Cohen (353 p.)  
6 Contact Hours NBCC approved  
Reg. Price \$89.95  
Now **\$76.95**

• Beginning the supervision • The supervisory contract • Developing the relationship: Supervisor skills and attributes • Cultural competence • The individual and group formats for supervision • Assessment • Formative assessment, goals for growth, and contract revision • Intervention: The supervisor's clinical role • Intervention: The supervisor's administrative role

## SELF-DISCLOSURE IN PSYCHOTHERAPY #7145

by Barry A. Farber, PhD. (242 p.)  
7 Contact Hours NBCC approved  
Reg. Price \$89.95  
Now **\$75.95**

Self-disclosure is a very hot, current topic. Rich with detailed case material, the book tackles such compelling questions as: • When and how self-revelation can enhance healing and change • What types of disclosure may be harmful • Why either party may fail to reveal important information • The impact on disclosure of race, gender, cultural, and sexual orientation • How to use disclosure to strengthen the therapeutic relationship • Special considerations involved in disclosing to children.

A separate chapter discusses supervision, covering how supervisors and supervisees decide what to share with each other, what kinds of disclosures each is likely to find helpful or unhelpful, and how this issue affects the quality of the alliance and the work that is accomplished.

## ANXIETY DISORDERS AND PHOBIAS: #7204

*A Cognitive Perspective* (343 p.)  
by Aaron T. Beck, M.D., Gary Emery, M.D.  
8 Contact Hours NBCC approved  
Reg. Price \$79.95  
Now **\$69.95**

Save \$10!

• Theoretical and Clinical Aspects • Symptoms and Their Significance • The Cognitive Model of Threat Reactions • Vulnerability: The Core of Anxiety Disorders • Generalized Anxiety Disorder and Panic Disorder • Simple Phobias • The Agoraphobic Syndrome • The Evaluation Anxieties • Cognitive Therapy: Techniques and Applications • Principles of Cognitive Therapy • Strategies and Techniques for Cognitive Restructuring • Modifying Imagery • Modifying the Affective Component • Modifying the Behavioral Component

## MASTER YOUR PANIC #7365

by Denise F. Beckfield, Ph.D  
8 Contact Hours. (304 p.)  
NBCC approved  
Reg. Price \$79.95  
Now **\$61.95**

Save \$18!

Twelve treatment sessions to overcome high anxiety. Learn SRB (Stop, Refocus and Breathe) method to stop panic the moment it strikes.

### Evidence-Based Practice Guides

**DEPRESSION** (86 p.) #7277 NBCC 4 Contact Hours **\$62.95**

**OBSESSIVE-COMPULSIVE DISORDER**  
(104 p.) #7251 NBCC 4 Contact Hours **\$62.95**

**HEART DISEASE** (90 p.) #7254 NBCC 4 Contact Hours **\$62.95**

**CHILDHOOD MALTREATMENT** (104 p.) #7270 NBCC 4 Contact Hours **\$62.95**

**SCHIZOPHRENIA** (92 p.) #7255 NBCC 4 Contact Hours **\$62.95**

**ADHD CHILDREN AND ADULTS** (96 p.) #7256 NBCC 4 Contact Hours **\$62.95**

**PROBLEM & PATHOLOGICAL GAMBLING**  
(124 p.) #7257 NBCC 4 Contact Hours **\$62.95**

**CHRONIC ILLNESS IN CHILDREN & ADOLESCENTS**  
(90 p.) #7268 NBCC 4 Contact Hours **\$62.95**

**CHRONIC PAIN** (112 p.) #7259 NBCC 4 Contact Hours **\$62.95**

**SOCIAL ANXIETY DISORDER** (102 p.) #7260 NBCC 4 Contact Hours **\$62.95**

**HYPOCHONDRIASIS AND HEALTH ANXIETY** (91 p.) #7266  
NBCC 4 Contact Hours **\$62.95**

**EATING DISORDERS** (112 p.) #7276 NBCC 4 Contact Hours **\$62.95**

**SUBSTANCE USE PROBLEMS** (88 p.) #7262 NBCC 4 Contact Hours **\$62.95**

**SEXUAL VIOLENCE** (90 p.) #7264 NBCC 4 Contact Hours **\$62.95**

### Solution-Focused

**CONFLICT MANAGEMENT #7627**  
8 Contact Hours NBCC approved (174 p.)  
Reg. Price \$79.95  
Now **\$71.95**

A new form of conflict management that is shorter, more hopeful, and more cost-effective than traditional methods. Provides, theoretical background and practical applications in divorce, workplace, family, neighbor, personal injury, and victim-offender conflicts.

## COGNITIVE THERAPY FOR OBSESSIVE-COMPULSIVE DISORDER: A GUIDE FOR PROFESSIONALS

by Sabine Wilhelm, PhD; Gail S. Steketee, PhD. #7345  
8 Contact Hours (242 p.) NBCC approved  
Reg. Price \$79.95  
Now **\$67.95**

This manual presents for the first time a purely cognitive approach to treating obsessive-compulsive disorder (OCD). This approach avoids the highly distressing exposure component of exposure and response prevention therapy (ERP) that is commonly used to treat the symptoms of OCD. Not only does this cognitive therapy (CT) approach open up the option of psychotherapy to those OCD sufferers who resist exposure-based therapy, it also holds great promise for treating OCD sufferers with mental rituals as well as those who struggle concurrently with depression, anxiety, and other symptoms.

Course in Ethics!

## CRITICAL INCIDENTS: ETHICAL ISSUES IN THE PREVENTION AND TREATMENT OF ADDICTION

8 Contact Hours # 7150 NBCC approved Reg. Price \$79.95  
Now **\$68.95**

This book contains more than 200 "critical incidents" – ethical case studies – whose complexities will heighten your ethical sensitivities and sharpen your ethical decision-making. Each vignette is accompanied by a brief analysis and legal issues in the situation.

## COGNITIVE-BEHAVIORAL THERAPY WITH COUPLES AND FAMILIES *A Comprehensive Guide for Clinicians*

by Frank M. Dattilio # 7327 NBCC approved **Save \$7!** New! Now **\$72.95**  
10 Contact Hours (282 p.)

A "must read" for therapists and counselors in the family field. Clinically rich, vivid case examples.

## Case Studies: COUNSELING OLDER ADULTS # 7126

by Larry Golden Save \$11!  
8 Contact Hours (216 p.) NBCC approved Now **\$68.95**

Case studies that include: loss of a spouse, health, financial concerns, depression, spirituality, etc.

## CROSS-CULTURAL COUNSELING # 7730

by Clemmont E. Vontress, PhD NBCC approved Reg. Price \$79.95  
Save \$10! Now **\$69.95**  
6 Contact Hours (242 p.)

In this innovative text, case studies of clients representing many different cultural, racial, and ethnic backgrounds illustrate the subtle dimensions of counseling culturally different clients. Case topics discussed include sexual orientation issues, conflicts within cultures, abuse, violence, physical disability, grief, and more. In each case, the client's history is presented, followed by three analyses: The first analysis is from a conceptual perspective, the second is from an existential perspective; and the third is based on the DSM-IV diagnostic model.

## ASSESSING AND TREATING CULTURALLY DIVERSE CLIENTS: *A Practical Guide* # 7703

by Freddy A. Paniagua, PhD (211 p.)  
6 Contact Hours NBCC approved **\$64.95**

• Minority, multicultural, race, and ethnicity concepts • Guidelines for the assessment and treatment of African American, Hispanic, Asian and American Indian clients • Using culturally biased instruments

## BINGE-EATING DISORDER # 7241

by James E. Mitchell, MD, et al. (214 p.) Reg. Price \$79.95  
Now **\$66.95**  
6 Contact Hours Save \$13! NBCC approved

This innovative scientific reference and clinical tool is virtually two books in one. Part I thoroughly yet succinctly reviews the literature on binge-eating disorder, covering diagnosis and epidemiology, clinical features and course, links to obesity, medical risks, and current treatment data. Part II provides an evidence-based cognitive-behavioral treatment manual. Session-by-session guidelines address how to help individuals or groups change their eating behavior, cope with emotional triggers, restructure problematic thoughts, deal with body image concerns and associated problems, maintain improvement, and prevent relapse.

## ESSENTIALS OF CHILD PSYCHOPATHOLOGY # 7307

by Linda Wilmshurst, Ph.D. (307 p.) Reg. Price \$79.95  
8 Contact Hours NBCC approved Now **\$65.95**

This course provides professionals with a comprehensive overview of critical conceptual issues in child and adolescent psychopathology. The text covers the major theories, assessment practices, issues and trends in this important field. The author also includes chapters on specific disorders prevalent among this age group and covers special topics such as diversity, abuse, and divorce.

## HEALING ANXIETY AND DEPRESSION # 7208

by Daniel G. Amen, M.D. (342 p.) Save \$11! Reg. Price \$79.95  
8 Contact Hours NBCC approved Now **\$68.95**

Based on new brain science and featuring treatment plans that include medication, diet, supplements, exercise, and social therapeutic support.

Are you a licensed social worker or marriage family therapist with skills, knowledge and interest in writing or developing a continuing education course? If so, we'd like to talk to you. (310) 791-9975.

## ESSENTIALS OF CLINICAL SUPERVISION # 7637

by Jane H. Campbell  
8 Contact Hours (292 p.) NBCC approved Reg. Price \$89.95  
Now **\$67.95**

• Ethical and legal issues • Models, formats, methods and techniques for clinical supervision • Preparing for supervision • Beginning, intermediate, and advanced stages of supervision

## MENTAL DISORDERS IN OLDER ADULTS # 7721

by Steven H. Zarit, PhD, Judy M. Zarit, PhD Save \$9!  
12 Contact Hours (468p.) NBCC approved Now **\$70.95**

This course demonstrates how to evaluate and treat frequently encountered clinical problems in older adults, including dementias, mood and anxiety disorders, and paranoid symptoms. Strategies are presented for implementing psychosocial interventions and integrating them with medications.

## GERIATRIC MENTAL HEALTH CARE # 7722

by Gary J. Kennedy Save \$10!  
8 Contact Hours (347 p.) NBCC approved Now **\$69.95**

This essential guide is designed for mental health practitioners for understanding the interplay of medical, psychological, and social factors in frequently encountered problems among older adults, including depression and anxiety, dementia, psychosis and mania, sleep disturbances, personality and somatoform disorders, substance abuse, and suicidality.

## COUNSELING FOR EATING DISORDERS # 7242

by Sara Gilbert, PhD (176 p.) Save \$10! Reg. Price \$67.95  
6 Contact Hours NBCC approved Now **\$57.95**

• What is an eating disorder? • Causes of eating disorders • Cognitive behavioral approach • Counseling process • Nutritional aspects of helping the eating-disordered client • Behavioral techniques • Cognitive techniques • Complex situations and dealing with endings

## INSIDE FAMILY THERAPY: A CASE STUDY IN FAMILY HEALING # 7310

by Michael P. Nichols (242 p.) Special Price  
12 Contact Hours NBCC approved **\$79.95**

• Disturbing the Peace • The Making of a Family Therapist • Love's Young Dream • The Progress of Love • In-Laws • The Depressed Young Mother • Why Can't Jason Behave? • The Two-Paycheck Family • The Over-Involved Mother and Peripheral Father • Family Feud • Loss of Innocence • Divorce, Remarriage, and Stepparenting • Sex, Drugs, and Rock 'n' Roll: The Rebellious Teenager • The Salazars' Family Therapy • Letting Go

## HOW MEMORY WORKS – AND HOW TO MAKE IT WORK FOR YOU # 7281

by Robert Madigan, PhD (278 p.) NBCC approved Special  
6 Contact Hours **\$58.95**

This science-based guide is designed for mental health practitioners working with older adults. Psychologist Robert Madigan provides practical, proven methods—innovative mnemonic devices and visualization techniques—for improving the ability to retain and use information.

*Working with Diverse Families*

## CHILD ABUSE AND CULTURE # 7706

by Lisa Aronson Fontes, PhD (239 p.) Save \$11! Reg. Price \$79.95  
7 Contact Hours NBCC approved Now **\$66.95**

Highly readable and accessible, this expertly written book provides a framework for culturally competent practice in child maltreatment cases with numerous practical strategies for addressing cultural concerns at each stage of the assessment and intervention process.

## CLINICAL SUPERVISION: *A Competency-Based Approach*

by Carol A. Falender, Edward P. Shafraskie # 7636 NBCC Reg. Price \$79.95  
8 Contact Hours (348 p.) approved Now **\$69.95**

A superb and thorough work! Deals with strategies, diversity, legal and ethical considerations, role of personal values, evaluation, and disruptions to the supervisory process.

**SOCIAL WORKER'S GUIDE TO CHILD ABUSE AND NEGLECT** # 7295 **Save \$10!** **Only \$59.95**  
8 Contact Hours

**THE ROLE OF MENTAL HEALTH PROFESSIONALS IN THE PREVENTION AND TREATMENT OF CHILD ABUSE AND NEGLECT**  
6 Contact Hours # 7280 **Save \$15!** **Only \$59.95**

**CHILD PROTECTIVE SERVICES - A Guide for Caseworkers**  
6 Contact Hours #7285 **Save \$15!** **Only \$60.95**

**SUPERVISING CPS CASEWORKERS** # 7290  
6 Contact Hours **Save \$15!** **Only \$60.95**

**HOW MEMORY WORKS - AND HOW TO MAKE IT WORK FOR YOU** # 7281 **Special \$58.95**  
by Robert Madigan, PhD (278 p.) **NBCC approved**  
6 Contact Hours

This science-based guide is designed for mental health practitioners working with older adults. Psychologist Robert Madigan provides practical, proven methods—innovative mnemonic devices and visualization techniques—for improving the ability to retain and use information.

**TOWARD A NEW DIAGNOSTIC SYSTEM FOR CHILD PSYCHOPATHOLOGY** #7308 **New! \$79.95**  
by Peter S. Jensen, MD, et al.  
8 Contact Hours

This important volume brings together leading child psychiatrists to critically evaluate the DSM-IV and work toward new, more clinically useful ways of understanding childhood problems.

Special Price Offer

# Special Price Order Form

Call Toll-Free (800) 253-0088

**Homestead Schools, Inc. 23800 Hawthorne Blvd., Suite 200, Torrance, CA 90505**

1. Code #	Title:	
2. Code #	Title:	
3. Code #	Title:	

2-day UPS-add \$15 extra; Next-day UPS-add \$25 extra; Foreign add \$25 extra.

e-mail: \_\_\_\_\_ Phone: \_\_\_\_\_  
*Important for order confirmation & delivery.*

Subtotal	
Sales Tax	
Shipping & Handling	<b>\$5.95</b>
Total	

Calif. residents add 9.25% sales tax.

License # \_\_\_\_\_ License Exp. Date \_\_\_\_\_  
Type of License \_\_\_\_\_ State \_\_\_\_\_

### Method of Payment

- I've enclosed my payment.
- Please charge to my credit card:
- VISA     Mastercard     Amer Exp     Disc.

Card No. \_\_\_\_\_

Exp. Date \_\_\_\_\_ Phone No. \_\_\_\_\_

\_\_\_\_\_  
*Signature*

**RUSH ORDERS**  
Visa/MC/AmEx/Disc Call  
**(800) 253-0088**  
Fax **(310) 791-0135**

06/18 OSM-20

**New Courses** →



**FROM** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PLACE  
STAMP  
HERE**

**PLEASE EXPEDITE**

**HOMESTEAD SCHOOLS, INC.**  
23800 Hawthorne Blvd., Suite 200  
Torrance, CA 90505-5945